



OCC member Mike Hopper jumps a hurdle in the 1997 Syracuse Grand Prix Cyclocross Race (photo by Mitch Williams)

NYS Cyclocross Series may be linked with Lance Armstrong Foundation

Lisa Nojaim

Well, 1998 has brushed its icy hand all over Central New York, but nothing seems to stop us from getting out on our bikes, even if it means some frozen toes and wet clothes! This season should be a banner year for OCC as the BOD works diligently to increase its membership, the race team secures sponsors for itself, as well as the Syracuse Criterium/Kids Challenge, and I begin the planning for the NYS Cyclocross Series.

I know it seems pretty early to be thinking about Cyclocross, as Nationals only took place in December, but we've got some really exciting challenges facing this season, and I wanted to share them with you as they develop.

First of all, it looks like the race will be held again at Van Buren Park, Baldwinsville, as long as we keep the same date. This won't be a problem, although there was some thought about holding a championship race later in the year. In this case I will be searching for a second venue.

Most importantly, The NYS Series is in the process of taking on a very prestigious name in the cycling world, as I was contacted by the director of the Lance Armstrong Foundation after sending an email message to Mr. Armstrong last month. Nothing has been finalized yet, but after talking to Mark Herman, Series Director, things look really good! We will be called the Peloton Project's NYS Cyclocross Series..to benefit The Lance Armstrong Foundation, and most of the proceeds from the Series will go to this newly formed non-profit organization. Its three main goals, which are listed in its mission, are 1) to raise awareness of cancer (continued on page 3)

Local Businesses Help Make Annual Banquet a Success

[Ed. - A special thanks from OCC goes out to The Bike Loft, The Bikery, C.A. Dominick Agency, Frontier Cellular, and Open Road Cyclery for helping to make the OCC annual banquet fun and profitable for the club. Mark Wheeler, fresh out of office, writes on the night's activities.]

From the Past President's Desk,
Mark Wheeler

Just when you thought you had gotten rid of me, I come zipping back. I'm writing to summarize our second banquet at Skydeck. Both Bob Spear and I had spent most of the day at Pine Grove Health Club for training to be trainers for the new Cycle Reebok "Spinning" program, and I for one was pooped trying to keep pace with this ripped master trainer from Reebok who was a Cat IV road champion. So I didn't feel bad about skipping out early, avoiding the third workout of the day, to get to the banquet. Arriving a bit late, I came off the elevator to see Chris Lancelette doing registration for the evening. There were already about twelve people milling around as I finalized the agenda for the evening. We (continued on page 3)

CAUTION! ROAD WORK AHEAD!

Bob Spear

Fewer than four weeks remain before OCC's official ride season commences! Not to mention the unofficial last ride of Ol' Man Winter on March 15/16. Items to consider, dear cyclists, are what rides do you want in or excluded. Please make any other suggestions for our coming agenda. Submit your own ride for the '98 calendar. Be a Ride Leader! The deadline for schedule additions is March 20, the first day of Spring. Volunteer now or no bitchin' later!

Lest you forget, last year we rode Valentine's Vision (Feb 14/15) in 60 degree temps! Rides All Winter, indeed. If the weather looks like you want to get your wheel out of hibernation, call 474-3801 for info on the next ride. See ya' on the road.

[Ed. - OCC is soliciting advertisers this year for the ride schedule booklet. Members keep the booklets around and refer to them all year long, so it's a good opportunity for businesses to have their name and logo seen over and over. Contact Bob Spear at 474-3801 for more information on advertising in the annual ride schedule.]



Board of Directors

President: William Johnson
 Vice President: Bob Spear
 Secretary: Deb Wilkes
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 Newsletter Editor, Contact to USCF: Tim Bingham
 Bicycle Advocacy, Contact to LAB, SMTc: Chad Bradshaw
 Media Relations: Mary Ellen Johnson
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 Cartographer: Ed Luban
 Membership Director: Robert Ruth
 Mailing Coordinator: Kathy Same
 Century Director: Bob Swizdor
 Director: Gianfranco Vidali
 Director: Russ Zaczekewycz

The Spoke 'n Word Newsletter

The Spoke 'n Word is distributed to households of OCC club members free of charge. This newsletter is an open forum for club announcements, activities, and for articles by club members. Members are invited to submit items for publication to the club address or editor address before the deadline dates below. Electronic format is preferred. Photos submitted will be made available for pick-up or returned via SASE. Club members may submit cycling-related classified ads free of charge.

Tim Bingham, Editor
 126 Jamesville Ave Apt E4
 Syracuse, NY 13210
 315.478.7750
 binghamt@hscsy.edu

Advertise in the Spoke 'n Word

OCC invites individuals and businesses to advertise in The Spoke 'n Word. We offer competitive rates for ad sizes from business card to full page. Discounts are available for larger ads and for half-year (6 issues) and full-year (11 issues) runs. Please contact the editor for information.

Spoke 'n Word Submission Deadlines

April Issue, arriving in late March - Friday, March 6
 May Issue, arriving in late April - Friday, April 10
 June Issue, arriving in late May - Friday, May 8

OCC on the Internet

Our home page is www.cny.com/OCC/. The OCC email discussion list address is occ@list.hscsy.edu. To subscribe to the list, send email to majordomo@list.hscsy.edu with the line

subscribe occ John Doe

in the body of the email message.

To Become an OCC Member

Fill out this application form and send it to the OCC with the appropriate fee. Make checks payable to: Onondaga Cycling Club, Inc.

Name: _____	<input type="checkbox"/> Single \$20.00
BirthDate: ____/____/____	<input type="checkbox"/> Family \$30.00
Phone: _____	<input type="checkbox"/> Youth \$5.00
Address: _____	<input type="checkbox"/> Contributing \$10.00
_____ Apt _____	
City: _____ State _____ Zip _____	
Email: _____	
Occupation: _____	
Bus Phone (opt): _____	
Other Family Members:	
Name: _____ DOB: _____	
Name: _____ DOB: _____	
Name: _____ DOB: _____	
Name: _____ DOB: _____	

Waiver:

In consideration of my membership in the Onondaga Cycling Club, Inc., I do hereby waive myself, my heirs, executors, administrator and assigns all rights and claims for damages I might have against the Onondaga Cycling Club, Inc., its officers or members and assigns for any and all injuries suffered by me while participating in any scheduled activity of the Onondaga Cycling Club, Inc. I will be completely responsible for any minor that I may bring to a scheduled activity. This waiver pertains equally to traveling to and from any scheduled activity.

Signed: _____ Date _____

Consent for Individual Youth member:

Signed: _____

D	C	S

Renew Your Membership

Bob Ruth, Membership Director

Another great cycling year is nearly upon us. Nineteen ninety seven was another excellent year for bicycling. New activities last year included the first annual Club Family Picnic in July and the first annual Cyclocross Championships in October. Of course, we maintained the usual bevy of activities including a full slate of road rides (weekends and mid week), race team training and organized race competition, off road rides with CNY Dirt, the Spoke-n Word newsletter, an expanded Syracuse Criterium Race and more! Thanks to all those who volunteered their time to make our activities successful and congratulations to members winning awards at the banquet. This year promises even more opportunities to participate in exciting events as well as our potpourri of rides.

In anticipation of your continued membership, this letter is to inform you that dues are payable at your earliest convenience. Please fill out and return the enclosed form with your payment. We will terminate membership if dues are not paid by May 1, 1998. Please fill out the included form. When completed, send the form with your payment to the Club address.

News of note: The continued problem with our financial status forced the Board of Directors to raise the dues to more realistically cover the increased costs of doing business. The new dues amounts still include the full 7% State sales tax. Youth membership (tax exempt) will remain at \$5.00, however, a single membership is \$20.00 and family membership is \$30.00. We expect to hold these dues fixed for the foreseeable future.

Now is a good time to get your suggestions on the board's agenda for the upcoming season. After writing your renewal check, please take a few moments to fill out the member questionnaire on the reverse side of the form. Since the club is an entirely volunteer organization, some help from the membership is needed to make the activities happen.

Your prompt attention is

requested. Membership must be current to receive the Ride Schedule due to be mailed in late March. Our best wishes for your most enjoyable cycling year with us.

OCC Welcomes Newest Member

Congratulations to Ed and Jeanne Keplinger on the birth of their 7 lb, 3 oz., 20 in. son, Jacob Edward, January 25.

NYS Cyclocross... (from page 1)

research through education, 2) to raise money for research at the University of Indiana Medical Center,

and 3) to raise funds for kids with cancer and offer hope for their future. Not only does it make sense for a bike racing event to take on a charity that has "bike riding" written all over it, but Lance has been an inspiration to this country, on and off the bike. Now I think its payback time.

For all those who are interested in working on some aspect of this Series, I am here at school most days, and at home in the evenings. I will be looking for help sometime in early Spring, and into the summer, as the Series planners get together with the directors of the New England Series, as well as The Foundation people. I am also doing some local fundraising for the Peloton Project, so if you care to make a donation to Lance's organization, please do not hesitate to call me!

My email is Nojaimla@maple.lemoyne.edu. My phone # is (315) 446-1052 You can contact the Lance Armstrong Foundation directly at 1-800-496-4402 Please keep in mind that attaching our name to a charity such as this will mean BIG publicity for OCC, and publicity is what we are aiming for.

Local Businesses... (from page 1)

confirmed 108 as a final head count, with about 100 as a final tally. Lindsay Williams was rather stunning in her mini-skirt and leopard top as she videotaped the proceedings. "Did your Dad approve of that outfit?" I asked. "He bought it for me," she replied. Soon, we sat down to the wonderful food that Pascale provided. Final votes were cast and tabulated without surprise except for the onslaught of write-in ballots for the ever popular Dick Matthews. With Dick declining his constituents, the new Board quietly took the helm for the coming cycling season with Bill Johnson in charge. Sandy and Jeff Palmer gave a wonderful slide show of their recent trip to New Foundland. Bill Kocher, as TT director, gave out these awards. Then Bob Spear counted down the tourist points from #20 down to the coveted mileage champion jerseys for top male/female for 1997. These specially embroidered jerseys were white this year and were presented to repeat winners from last year, Bob Spear and Joan Yungwirth. There were two unexpected jersey winners. Bob Swizdor, who was seven miles short of Spear's total got one that read "Not the mileage champion for 1997". Jimmy Ryan got a matching embroidered jersey to Joan's for coordination on the tandem. A special recognition award was given to Jack Lancette for his years of service to the board and the club. Some may not realize the number of positions and the amount of service Jack has done for us all. Thanks again, Jack. Wrapping the evening up, Chuck Dominick MC'd the door prizes and an auction for a number of items that had been generously donated by The Bike Loft, The Bikery, C.A. Dominick Agency, Frontier Cellular, and Open Road Cyclery. The auction was new for us this year, the brain child of Chuck D. Chuck could be an auctioneer if he wants to give up his day job. We knew he had it in him. I know that one unnamed member walked away with a steal on a beautiful Pinarello frame.

General consensus was that everyone had a great time. In closing, I would like to thank the board and all other club members for your contributions to a great 97 season. Happy Trails

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Call 672 - 8107 for more Info



*Must Pre Pay to reserve a spot.

How To Save Bike/Ped Funding Programs that Improve Communities

Rebecca Battoe, Coordinator JABBY! Joggers and Bikes Belong, Yes! A group of neighborhood residents and Syracuse University and SUNY College of Environmental Science & Forestry students/faculty/staff.

Get ready for a battle against the "road gang" of autos/oil/highway interests to save Federal funding for your community bike and pedestrian programs in the \$145 billion, six-year Intermodal Surface Transportation Efficiency Act. (ISTEA, Senate bill; BESTEA, House.)

Every municipality is eligible for ISTEA funding of bike/ped programs, including racks/lanes/trails/bridges/paths/structures, etc.

The '92 ISTEA landmark law resulted in a "sea change," because for the first time it allocated fuel taxes for bike and pedestrian enhancement programs.

The Surface Transportation Policy Project (STPP)--the national coalition of 200 cycling, pedestrian and environmental groups--believes that the best strategy is to get a strong, bike/ped-friendly bill through the Senate first and then watch out for crippling amendments during "conference" to reconcile the House and Senate bills.

Here are points to make in letters to editors:

1. Oppose the Byrd-Gramm Amendment regarding the gasoline (motor fuel) tax because it will shift funds from bike/ped programs to highway projects.
2. Oppose attempts to amend (weaken) the National Environmental Policy Act (NEPA) which requires environmental impact statements. Amendments also will limit public input and disclosure.
3. Amendments from rural representatives threaten funding for bus and sub-urban mass transit, like Centro.
4. Funding for Amtrak is threatened. In the U.S., critics cry that Amtrak gets a subsidy. But they ignore that all levels of government spend much more on highways than they collect in fuel taxes.

What to do?

A. Write letters to editors/talk radio, addressed to your Congress member, about saving ISTEA bike/ped programs. Promote a Congressional Town Meeting around President's Day recess, Feb. 16 or Easter Week, April 5-12.

B. Focus local Earth Day/Week events, April 18-25, on bike/ped programs helped with ISTEA funds; feature bike/ped exhibits; repair/safety clinics; bike rodeos/races; speakers on ISTEA in Congress, due for re-funding by May 1, 1998.

C. Visit updates at STPP (www.istea.org) (Phone: 1-800-go-istea)

Bus Bike Racks Popular

Harvey Botzman, RBC

Between October and December 31, 1997 over 1200 bicyclists used the new bike racks on Rochester Transit Authority buses. The bus company was very surprised. Not only did more suburbanites ride the bus one way but an equal number of city folks used the racks to go one way to the suburbs. 300 folks used them in December, 1997! The Genesee Regional Transportation Authority is trying to get funds to put the racks on buses in Wayne, Livingston, Ontario and Genesee County. Simply refer Centro to the Rochester Transit Authority!

Upcoming Events

The next BOD meeting is Sunday, March 1 at 7:00PM at Bill Johnson's house. Any member wishing to attend is invited. Call Bill at 422-7570 for more information.

March 1998

14 or 15 Optional Winter Club Ride. Spear 474-3801

21 or 22 Buille Dinner Dash. Swizdor 252-2127

28 or 29 New Boston. Spear 474-3801

April 1998

5 Jack's Reef Ride. Yungwirth 451-1616

5 Marblehead RR, MA. Chris Finn 781.631.1570

7 OCC Racing Team Training Rides Begin. Every Tuesday @ 6pm. Bingham 478-7750

12 Binghamton Spring Series RR. Andrew Van Kuren 607.748.3819

12 Jelly Belly Breakout. Spear 474-3801

12 Genesee Valley RR, Rochester. D.

Burnside 716.865.4402

18 Spring Tour of the Mucklands. Luban 449-1722

19 Cross Lake Tour. Spear 474-3801

19 Binghamton Spring Series RR. Andrew Van Kuren 607.748.3819

25 Mallory Mosey. Spear 474-3801

26 Whitney Point RR. Dan Driscoll 607.692.3844

26 OnOsCay Loops. Wennberg 457-8668

May 1998

2 Jiminy Peak RR, Pittsfield, MA. Mike Ward 413.499.0462

3 Virgil Spring Classic RR, D. Andersen 607.758.3481

5 OCC Time Trials Begin. Every Tue at 6pm. Kocher 487-7373

9 Albany Tulip Festival Crit. G. Toth 518.766.5280

17 Bristol Hills RR, F. Hoyle 716.394.9106

24 NYS Championship RR, Glen Spey, P Stephens 914.856.2747

25 Lancaster Crit, PA. Tom Goldbach 717.295.2598

29-31 Enchanted Mtn SR, Olean, NY. B Walsh 716.372.2352

Edward Luban

Attorney at Law

General civil practice, with an emphasis on education and immigration law

**317 Montgomery Street
Syracuse, New York 13202
(315) 472-1935**

XCountry Ski Bulletin

Dick Matthews

Onondaga Cycling Club has arranged for another "special" price ski (or snowshoe) day at Osceola XC-Center, Osceola, N.Y.

O.C.C. and Friends can utilize the ski trails for half price on Sunday, March 8th. New for this year Osceola XC-Center has snowshoe rentals and trails.

All trail fees: \$4 (regular price \$8)
Snowshoe rental \$4 (regular price \$8)
Ski rental \$8

Osceola XC-Center

Osceola, NY

315-599-7377

10am till 5pm

25+ km of wooded rolling trails

The Ski Center has groomed trails for skate skiing and set tracks for traditional. See you at the Ski Trails or meet for breakfast in Sylvan Beach at Cinderella's at 9AM.

Attention Skiers

Ed Luban

Many OCC members ski regularly on the Tourathon trails of Winona State Forest. Although the trails are on state land, they are maintained by the Tug Hill Ski Club, a private, volunteer, non-profit organization. The Club is responsible for all trail grooming, with little if any help from the county or state. Right now the Club is in urgent need of funds to support grooming. These funds come from memberships--@ \$25/single, \$50/family--and donations. Please consider joining the club and/or making a contribution.

For more information, please contact the club:

Box 189

Sandy Creek, NY 13145

tel. 387-5964

email: tugski@aol.com

1997 Financial Report

Erik Wennberg, Treasurer

Cash in bank 12/31/96: \$3101.24

Income/Expenses for 1997:

Membership	\$5862.46/\$0
Newsletter Ads	\$180.00/\$0
Awards Banquet	\$2425.00/\$3352.16
September Century	\$1261.08/\$1111.71
Syracuse Criterium	\$5389.00/\$4717.86
Race Team Clothing	\$353.00/\$0
Donations	\$19.63/\$0
Cyclocross Race	\$735.00/\$495.14
Sales Tax	\$485.10/\$0
General Supplies	\$0/\$59.45
Newsletter	\$0/\$3284.20
Postage	\$0/\$1522.71
Miscellaneous	\$0/\$172.76
Printing	\$0/\$656.21
Dues	\$0/\$350.00
Insurance	\$0/\$705.00
State Taxes	\$0/\$490.79
Total Income for 1997:	\$16710.31
Total Expenses for 1997:	\$16917.99
Cash in Bank 12/31/97:	\$2983.56
Race Team Account:	\$1727.72
Club Net Operating Balance:	\$1024.62

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Alpina Access	Alpina 148 Boot	NNN2 Binding	Installation	Regular Price \$287.95	Package Price \$234.95
Alpina Renegade	Alpina 148 Boot	NNN2 Binding	Installation	\$279.95	\$219.95
Alpina Approach	Alpina 82 Youth	NNN Junior	Installation	\$187.90	\$147.50
Alpina Vector	Alpina 438	NNN Racing	Installation	\$397.95	\$369.95



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NORDIC SPORTS**

Any of the above items may be substituted for an item of better quality and still receive comparable discounts. All packages sold will come with a FREE pass to either Salmon Hill or Osceola Touring Center. Be sure to check-in with us or look at our WEB Page WWW.oryclery.com for in store clinics and on snow events. Our desire is to bring to you the very finest available at very competitive pricing with outstanding service. All our CLOTHING is 20% OFF ALL THE TIME!

Be sure to stop in at our Coffee Bar to enjoy some fresh ground and brewed coffee, or have a double espresso while you view some the latest tapes on Ski Technique.

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AND PICKED-UP ONE OF OUR FLYERS AND RECEIVE
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(315) 463-2453 E-Mail: oryclery@aol.com**

ONONDAGA CYCLING CLUB, INC. 1998 MEMBERSHIP RENEWAL FORM

Make checks payable to: Onondaga Cycling Club, Inc.

- ☐ Single **\$20.00*** ☐ Family **\$30.00**** ☐ Youth **\$5.00** ☐ Contributing **\$10.00**
* includes \$1.31 NYS Sales Tax ** includes \$1.96 NYS Sales Tax

NAME: _____ NICKNAME: _____ BIRTHDAY: ____/____/____
ADDRESS: _____ APT _____ HOME PHONE: (____) _____
CITY: _____ STATE: _____ ZIP CODE: _____ - _____
OCCUPATION: _____ BUS PHONE (OPT): (____) _____

AFFILIATED MEMBERSHIP: ☐ LAB ☐ AYH ☐ USCF - License # _____
☐ NORBA - License # ☐ IMBA ☐ Other(s) _____

OTHER FAMILY MEMBERS AND THEIR AFFILIATIONS: LAB AYH USCF/License#

NAME: _____ NNAME: _____ BDAY: __/__/__ ☐ ☐ ☐ _____

NAME: _____ NNAME: _____ BDAY: __/__/__ ☐ ☐ ☐ _____

NAME: _____ NNAME: _____ BDAY: __/__/__ ☐ ☐ ☐ _____

NAME: _____ NNAME: _____ BDAY: __/__/__ ☐ ☐ ☐ _____

WAIVER: In consideration of my membership in the Onondaga Cycling Club, Inc., I do hereby waive myself, my heirs, executors, administrator and assigns all rights and claims for damages I might have against the Onondaga Cycling Club, Inc., its officers or members and assigns for any and all injuries suffered by me while participating in any scheduled activity of the Onondaga Cycling Club, Inc. I will be completely responsible for any minor that I may bring to a scheduled activity. This waiver pertains equally to traveling to and from any scheduled activity.

Signed

Consent for Individual Youth member

Signed

RIDE INTEREST (Check all that apply)

- ☐ USCF Racing ☐ Citizens Racing ☐ Time Trials ☐ Performance/Training
- ☐ Off-road (All-terrain) cycling ☐ Off-road Racing
- Day rides: ☐ Long ☐ Avg ☐ Short ☐ Novice
- Terrain: ☐ Hilly ☐ Rolling ☐ Flat
- Overnight road tours: ☐ 2-day ☐ Week-long
- Overnight Off-road tours: ☐ 2-day ☐ Longer

EXPLANATIONS OF RIDE PREFERENCES:

The first line is to indicate interest in racing, time trials and/or hard performance/training rides.

The second line is to indicate interest in off-road cycling. An off-road overnight is being planned.

The third line is to indicate preference for touring rides. Mark length boxes from the following definitions:

Ride length: Long implies generally >50 miles
Average implies between 20 and 50 miles
Short implies <20 miles
Novice implies 5 to 20 miles slow and instructional

The fourth line indicates your preference for terrain.

Lastly, the club is planning some weekend overnight road tours and a week long vacation tour of about 6 day/5 night duration if there is enough member interest. We stay in motels (similar to the 1985, 1987, 1989, 1991, 1993, 1995, 1996 and 1997 tours), probably leaving from and returning to Syracuse.

Please fill out the Reverse Side

D	C	S

MEMBER HELP LIST

The club has planned a number of activities that will require help from members in order to be a success. Those known at this time are listed below. Note that help may be needed in ADVANCE of the event (EARLY HELP) as well as help on the DAY OF EVENT. Please check any activity you (and/or your family) would be willing to help with.

EVENT / ACTIVITY	EVENT DATE	EARLY HELP	DAY OF EVENT	CONTACT	PHONE
Time Trials	Tuesdays 5/5/98 - 9/15/98	N/A	<input type="checkbox"/>	Bill Kocher	487-7373
ALA Tour de'Cuse (American Lung Association) (25 mile tour of Syr)	6/TBD/98	<input type="checkbox"/>	<input type="checkbox"/>	Bob Ruth	451-0685
ONONDAGA CRITERIUM RACE @ ONONDAGA PARK	6/7/98	<input type="checkbox"/>	<input type="checkbox"/>	Chuck Dominick	469-0484
Empire State Senior Games	6/4 & 6/7/98	<input type="checkbox"/>	<input type="checkbox"/>	Bill Johnson	422-7570
4th of July Century	7/4/98	<input type="checkbox"/>	<input type="checkbox"/>	Bob Swizdor	252-2127
Onondaga Cycling Club FAMILY PICNIC	7/TBD/98	<input type="checkbox"/>	<input type="checkbox"/>	Chad Bradshaw	446-0876
MS 150 (Multiple Sclerosis Society)	7/TBD/98	<input type="checkbox"/>	<input type="checkbox"/>	Brian Kelly	682-9663
Fall Century (LAB Sanctioned) (Dick Richards Memorial - Red Cross)	9/12/98	<input type="checkbox"/>	<input type="checkbox"/>	Bob Swizdor	252-2127
ALA Skaneateles Fall Foliage Tour	10/TBD/98	<input type="checkbox"/>	<input type="checkbox"/>	Bob Ruth	451-0685
SUPER Cyclocross Race	10/TBD/98	<input type="checkbox"/>	<input type="checkbox"/>	Lisa Nojaim	446-1052

Can you help in any of the following ways?

ADMINISTRATIVE: ☐ Telephone ☐ Publicity ☐ Newsletter ☐ Mailings ☐ Membership

COMMITTEES: Tourist: ☐ Ride leader ☐ Sag Wagon ☐ Bar-B-Que ☐ Organize tour
 Racing: ☐ Time Trials ☐ Weekend Races ☐ Youth transportation ☐ Coaching
 Off Road: ☐ Competitive ☐ Recreational Tours ☐ Ride Leader

☐ Ride Schedule ☐ Youth rides ☐ Club Meetings

☐ New Event(s) - Please describe on the line below.

QUESTIONS:

Do you have a "favorite" ride route you can share with the club? Sketch it and send it in with the renewal.

Would you like to be a ride leader for a club ride? ☐ Yes

Do you have a suggestion for a club meeting topic?

Can you speak on this topic? ☐ Yes ☐ No

If you joined the club to ride and have not, tell us why. Perhaps we are not meeting your needs.

VACATION BICYCLE TRIP: We are planning a week-long bicycle trip this year if there is enough interest and people willing to organize. A return to the Finger Lakes starting/ending in or near Syracuse has been suggested.

I am willing to help organize it. ☐ YES I would like to participate. ☐ YES

ADDITIONAL COMMENTS OR SUGGESTIONS

Send COMPLETED Renewal Form with payment to:

ONONDAGA CYCLING CLUB, INC.
 P O BOX 6307 - TEALL STATION
 SYRACUSE NY 13217-6307

1998 Onondaga Cycling Club Mileage Log

	Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.	Weekly total
January					1	2	3	
	4	5	6	7	8	9	10	
	11	12	13	14	15	16	17	
	18	19	20	21	22	23	24	
	25	26	27	28	29	30	31	
February	1	2	3	4	5	6	7	
	8	9	10	11	12	13	14	
	15	16	17	18	19	20	21	
	22	23	24	25	26	27	28	
March	1	2	3	4	5	6	7	
	8	9	10	11	12	13	14	
	15	16	17	18	19	20	21	
	22	23	24	25	26	27	28	
Mar/Apr	29	30	31	1	2	3	4	
April	5	6	7	8	9	10	11	
	12	13	14	15	16	17	18	
	19	20	21	22	23	24	25	
Apr/May	26	27	28	29	30	1	2	
May	3	4	5	6	7	8	9	
	10	11	12	13	14	15	16	
	17	18	19	20	21	22	23	
	24	25	26	27	28	29	30	
May/Jun	31	1	2	3	4	5	6	
June	7	8	9	10	11	12	13	
	14	15	16	17	18	19	20	
	21	22	23	24	25	26	27	
Jun/Jul	28	29	30	1	2	3	4	
July	5	6	7	8	9	10	11	
	12	13	14	15	16	17	18	
	19	20	21	22	23	24	25	
Jul/Aug	26	27	28	29	30	31	1	
August	2	3	4	5	6	7	8	
	9	10	11	12	13	14	15	
	16	17	18	19	20	21	22	
	23	24	25	26	27	28	29	
Aug/Sept	30	31	1	2	3	4	5	
September	6	7	8	9	10	11	12	
	13	14	15	16	17	18	19	
	20	21	22	23	24	25	26	
Sept/Oct	27	28	29	30	1	2	3	
October	4	5	6	7	8	9	10	
	11	12	13	14	15	16	17	
	18	19	20	21	22	23	24	
	25	26	27	28	29	30	31	
November	1	2	3	4	5	6	7	
	8	9	10	11	12	13	14	
	15	16	17	18	19	20	21	
	22	23	24	25	26	27	28	
Nov/Dec	29	30	1	2	3	4	5	
December	6	7	8	9	10	11	12	
	13	14	15	16	17	18	19	
	20	21	22	23	24	25	26	
	27	28	29	30	31			

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Classified Ads

For sale: Proflex 856, 14" (like 16"), full XT components, Magura brakes. \$800 or best offer. Call Pam at 437-2246.

For sale: Atomic ARC x-country skating skis, used minimally, must be stone ground. Saloman bindings. \$80 or best offer. Call Pam at 437-2246.

For sale: TREK Composite, 53cm, Shimano 600, 7 speed, non-STI. 2000 miles since new from the Cyclery. Look clipless pedals. Never crashed. Like new. \$600.00 478-1050

For sale: Thule Roof Rack with 4 locking knobs, one bike carrier, and lockable carrier for four pairs of skis. No rust. Like new. Fits any car w/ rain gutters as is, any car on the planet with adapters. New cost over \$300. Asking \$150. 478-1050

For sale: Skating Skis. Atomic ATC Twincap, 188 cm. excellent condition, price neg. Call Eddie at 449-1722 or email, eluba@dreamscape.com

For sale: Proflex 857 medium frame, XT group, Gortex cables, new shocks \$1200. 1996 Specialized Stumpjumper M2, 17" frame, XT/LX group, Judy fork, \$750. Call Paul at 635-1065.

For sale: Schwinn Supersport frame, 22", Columbus tubing, Profile Carbon Fork, Ultegra HS. All new. \$365. Mark, 476-4637.

Wanted: Road bike parts. Building up frame. Want dual brake levers/shifters and derailleurs by SACHS, Shimano or Campy. Need triple crank set, 175 to 180 cranks plus bottom bracket (cartridge, 68x) and chain....Need good rear wheel (8 spd cassette/clincher) to go with shifter or hubs/rims and supply of cogs/chainrings. Front wheel. Need brakes, 42 or 44 h-bar, pedals (SPD, etc./cleats), computer, cable & housings, bottlecages, maintenance tools, floor pump, seat post expanding wedge bag, helmet mirror, nearly new shoes (48/narrow)....Separate need for my Touring bike - front panier and rack plus rear rack expandable duffle bag. Call Ron 682-7202.

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Commercial Ads: Rates for one-issue camera-ready ads follow:

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Half Page.....	\$36
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Business Card.....	\$10
Calendar Entry (25 words).....	\$2

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1998 OCC jerseys, shorts, skinsuits, jackets, etc. will be available around mid-March. Call 478-7750 for pricing and ordering information.