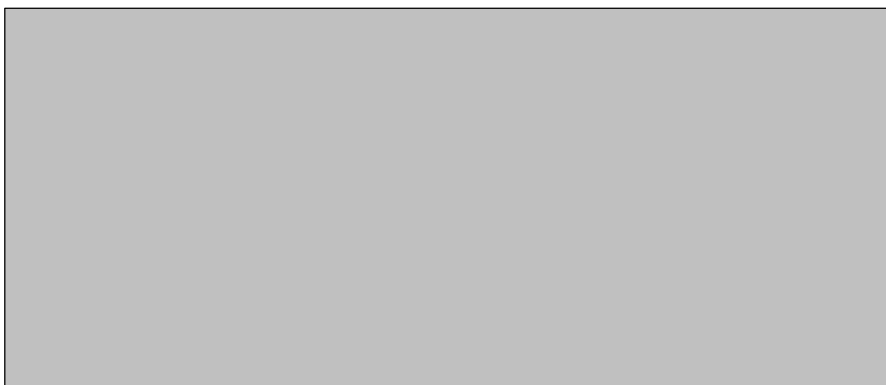


## Pomco Criterium June 6 - Volunteers Needed

The fourth annual Syracuse Festival of Cycling, presented by the Onondaga Cycling Club, will be arriving Sunday, June 6, in Upper Onondaga Park in the Strathmore area. The Festival includes the Syracuse Criterium bike race and the annual Kids' Races. Pomco is again the title sponsor of the Criterium. Saturn of Syracuse is sponsoring the Kids' Races and Frontier Cellular is sponsoring the N.Y.S. Championships. M&T Bank is also on as a major contributing sponsor. The generosity of our sponsors promises to make this year's event the best yet! We are still in need of volunteers to make this event run smoothly. If you are free for all or part of the day, please call Lisa Nojaim at 446-1052. As always, kids race for free! Tell your friends and neighbors to bring their children by and make this a big spectator event. Pre-



register by May 28 to receive a free T-shirt. Send an athlete's release form, check for any fees, and T-shirt size to the OCC address, found on page 2. If you have any questions about the race itself, please contact Chuck Dominick at 469-0484 or Tim Bingham at 478-7750.

## Time Trial Trivia

*Bill Kocher*

The first night of the 1999 Time Trial season got off to a great start. The weather was ideal for early May, 24 people rode and two of them had lifetime P.R.'s. Jason Dellilo had a 24:38 and Rob Coapman a 23:35. For this season, I'm adding three new categories to our list of prizes. They will be temporary for this season to see if they create more interest for other members of the club to come out and try time trials. Prizes will be awarded to the fastest tandem, male and female 62 years old and over and co-ed family.

## Advocacy Note

*Chad Bradshaw*

The Syracuse Metropolitan Transportation Council (SMTC) "1999-2004 Transportation Improvement Program" developed by the Capital Projects Subcommittee will be available for public review at public libraries through May 10th with public comment invited at the tentatively planned May 11th meeting. Given that there has been minimal (if any) input from bike advocacy groups, anyone interested in improved bicycling infrastructure should attend to emphasize the need for accommodating cyclists' needs in forthcoming road projects. In lieu of attending the meeting, feel free to contact the SMTC at 422-5716.

## HEY YOU! Renew Your OCC Membership Now!

Membership renewals for 1999 were sent as part of the February newsletter. If you haven't yet sent in your renewal, remember that ride schedules can only be sent to current (1999) members. So if you are delinquent, please send dues (with form) at your earliest convenience. Since renewals are down (even though rider turnout is up), we are extending your newsletter subscription one more issue. **THIS WILL BE YOUR LAST ISSUE** if you do not renew by June 1!

### PROBLEMS?

If you have paid 1999 dues and the mailing label on this issue of the Spoke-n Word indicates 1998, if you have not paid 1999 dues and have lost the renewal form, if you did not receive the Ride Schedule (and were supposed to), if your address is incorrect, if your name is spelled wrong on the membership card, etc., please contact Bob Ruth, membership chair at (315) 451-0685 or email at [ruthrob@twcny.rr.com](mailto:ruthrob@twcny.rr.com).

## Ride Leaders Take Note

Ride leaders for all club rides, including novice/family rides, are listed in the ride schedule. Please check the schedule and note the rides for which you've signed up or been assigned. Remember, if you can't lead a ride for which you're scheduled, it is your responsibility to find a substitute.



**Onondaga Cycling Club, Inc.**  
**P.O. Box 6307 Teall Station**  
**Syracuse, NY 13217-6307**

### Board of Directors & Other Club Positions

President: Bob Spear  
 Vice President, Fourth o' July Century: Gianfranco Vildali  
 Secretary: Deb Virgo  
 Treasurer: Erik Wennberg  
 Newsletter Editor, Contact to USCF: Tim Bingham  
 Bicycle Advocacy, Contact to LAB, SMTC: Chad Bradshaw  
 Media Relations: Mary Ellen Johnson  
 Time Trial Director: William Kocher  
 Cartographer: Ed Luban  
 Membership Director: Robert Ruth  
 Mailing Coordinator: Kathy Same  
 Ride Schedule: Bob Swizdor  
 Fall Century Director: Steve Ransford  
 Merchandise Director: Ed Keplinger  
 Director: Russ Zackevich  
*Special Events: Bill Johnson*  
*Mountain Bike Coordinator: Scott Wright*

### The Spoke 'n Word Newsletter

The Spoke 'n Word is distributed to households of OCC club members free of charge. This newsletter is an open forum for club announcements, activities, and for articles by club members. Members are invited to submit items for publication to the club address or editor address before the deadline dates below. Electronic format is preferred. Photos submitted will be made available for pick-up or returned via SASE. Club members may submit cycling-related classified ads free of charge.

*Tim Bingham*  
 126 Jamesville Ave Apt E4  
 Syracuse, NY 13210  
 315.478.7750  
 binghamt@hscsyr.edu

### Advertise in the Spoke 'n Word

OCC invites individuals and businesses to advertise in The Spoke 'n Word. We offer competitive rates for ad sizes from business card to full page. Discounts are available for larger ads and for half-year (6 issues) and full-year (12 issues) runs. Please contact the editor for information.

### Spoke 'n Word Submission Deadlines

July Issue, arriving in late June - Friday, June 4  
 August Issue, arriving in late July - Friday, July 9  
 September Issue, arriving in late May - Friday, August 6

### OCC on the Internet

Our home page is [www.hscsyr.edu/binghamt/occ/](http://www.hscsyr.edu/binghamt/occ/). The OCC email discussion list address is [occ@list.hscsyr.edu](mailto:occ@list.hscsyr.edu). To subscribe to the list, send email to [majordomo@list.hscsyr.edu](mailto:majordomo@list.hscsyr.edu) with the line

**subscribe occ John Doe**

in the body of the email message.

### To Become an OCC Member

Fill out this application form and send it to the OCC with the appropriate fee. Make checks payable to: Onondaga Cycling Club, Inc.

	<input type="checkbox"/> Single \$20.00
	<input type="checkbox"/> Family \$30.00
	<input type="checkbox"/> Youth \$5.00
	<input type="checkbox"/> Contributing \$10.00

Name: \_\_\_\_\_  
 BirthDate: \_\_\_\_/\_\_\_\_/\_\_\_\_  
 Phone: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 \_\_\_\_\_ Apt \_\_\_\_\_  
 City: \_\_\_\_\_ State \_\_\_\_ Zip \_\_\_\_\_  
 Email: \_\_\_\_\_  
 Occupation: \_\_\_\_\_  
 Bus Phone (opt): \_\_\_\_\_  
 Other Family Members:  
 Name: \_\_\_\_\_ DOB: \_\_\_\_\_  
 Name: \_\_\_\_\_ DOB: \_\_\_\_\_  
 Name: \_\_\_\_\_ DOB: \_\_\_\_\_  
 Name: \_\_\_\_\_ DOB: \_\_\_\_\_

### Waiver:

**In consideration of my membership in the Onondaga Cycling Club, Inc., I do hereby waive myself, my heirs, executors, administrator and assigns all rights and claims for damages I might have against the Onondaga Cycling Club, Inc., its officers or members and assigns for any and all injuries suffered by me while participating in any scheduled activity of the Onondaga Cycling Club, Inc. I will be completely responsible for any minor that I may bring to a scheduled activity. This waiver pertains equally to travel to and from any scheduled activity.**

Signed: \_\_\_\_\_ Date \_\_\_\_\_

Consent for Individual Youth member:

Signed: \_\_\_\_\_

<b>D</b>	<b>C</b>	<b>S</b>

# OPEN ROAD SPORTS

**Always 10% off for OCC Members  
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**Twenty-Four hour turn-around  
on most service.**

**OCC June Special:**

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**Call for Details on Spinergy Spox  
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**3530 Erie Blvd. E.--446-3287**

## **Care Group for Bill Johnson**

*Gerri M Crelot*

Bill survived his 1st round of chemo but it took a lot out of him. He will be checking back into the hospital next week for round 2 of chemo.

Bill's parents have been with him for the last 6 weeks. His mom has been Dr. Mom and his dad has been busy adding handicapped features to his home. His parents will be leaving on Sunday to head back to Wisconsin to take care of their home.

Many of Bill's friends have asked what they can do to help. This is what they can do.

We are forming a share the care group. There are many things that need to be done in the months ahead. Some of the 'jobs' are as quick as picking up and delivering a prescription, mowing the lawn, stopping by for a visit, cooking a meal, helping Bill get to the doctor etc.

It would be nice if Bill didn't have to deal with these kinds of things. He needs to focus on the job at hand which is healing.

If anyone wants to join this special group, please call me @ home: 622-3438 or send me an e-mail: gerri.m.crelot@carrier.utc.com

Thank you. As always, cards and prayers are appreciated. Blessings.

## **An Iberian Experience**

*John Burgess, MD*

I have recently returned from a lovely vacation in Spain and Portugal and thought a few thoughts bicycling-wise might be of interest.

The first thing that strikes one is the number of cyclists on the roads - at least ten times the number seen in Central New York. I suspect that part of this is that gas is \$3.50 per U.S. gallon and that Miguel Indurain is Spanish!

Lots of sponsor shirts were on show - Banesto (a Spanish Bank) and ONCE (pronounced On-the) a chain of Spanish snack stores being very obvious. I tried to buy a cycling shirt but my complete lack of Spanish made this essentially impossible!

Another aspect of Spain that made it so very difficult from the U.S.A. was watching T.V. on Sunday afternoon. First, of course, was soccer - football in every country except the U.S.A. - the Spaniards are mad for this especially when Madrid and Barcelona are playing for the European championship. Next however came bicycle racing - not mass start but a time trial. Although I could not speak the language it was apparent that the commentators were extremely excited and the program continued for a full hour. At five o'clock however the coverage ended since now it was time for the bull fights! A little different from baseball or the NFL and for an Anglo-Saxon a little tough to take.

*(continued from previous page...)*

A different culture of course but how great it must be to live where bicycling is as major a sport as basketball or hockey is in this country and can be practised year round.

## **The Extra Mile**

*Gianfranco Vidali*

There are times when a President has the chance to do more than to answer the telephone and open the club mail.....

Saturday April 17th's ride was from Chittenango. The relatively mild weather brought out a good number of riders. Bob Sr. and I were hanging in the back of the group which was moving at a rather leisurely pace. All of the sudden, I saw a piece coming off the derailleur of the bike in front of us. It turned out that during a gear shift the derailleur skipped and lodged itself against the frame, bending the aluminum dropout. Having ascertained there wasn't much we could do, Jim, a new rider to the club, phoned home, but unsuccessfully. Bob volunteered to go the extra mile, or rather the extra 4.5 miles. While I was listening to Jim's stories of his cross country ride (only one flat and no mechanicals in his entire journey), Bob rode to the parking lot, put his bike in Jim's truck and drove it back. By that time he was back, we were down an hour or so with respect to the main group, so Bob and I decided to ride around the Mucklands, while talking about the bikes we would like to buy (I hope my wife doesn't read this) and Cecilia Bartoli's performance of Rossini's Cinderella at the Met. Her part was not that difficult, except for the last aria, quite challenging, that was sung as she stood on top of a huge white wedding cake. A great voice and a great performance.

## **..Notes from the White House**

*Bob Spear, OCC President*

Well, my house is white..... and I still need a banner. Participation on club rides continues to rise despite a slightly reduced membership. This means a higher percentage of you folks are enjoying the benefits of belonging to OCC. Not to mention enjoying a record-in-our-lifetime, thirteen-as-I-write-this straight days of sunshine. In fact, on the first Saturday in May fifty-five riders showed up in Minoa for the new Shackleton Point Ride. As one correspondent to the club's list server commented: "I did last Saturday's social ride and was it ever enjoyable. Maybe 30 riders, all talking, joking and riding together for over 20 miles. Pass the word...Saturday rides are fun!" Dick was so enamored of the camaraderie he was out again the next day, having fun hammering hills, on the way over to Fort Ontario. Another highlight from that Saturday ride was the many large patches of white trillium along Lewis Point Rd. swaying in the gentle breezes wafting off an azure Oneida Lake. Other May flowers: the Tuesday evening TT started under ideal conditions. A light easterly breeze and sunny skies found over two dozen trialists battling the clock

## **Edward Luban** *Attorney at Law*

General civil practice, with an emphasis on education and immigration law

**317 Montgomery Street**  
**Syracuse, New York 13202**  
**(315) 472-1935**

on Caughdenoy Road. The first Wednesday night foray found forty plus cyclists riding from Cold Spring up along the Seneca and Oswego Rivers to Little Utica. Afterwards, continuing the Geezer tradition, more than a few favored their palate dining at Mother's.

The OCC email discussion list also had a lively chat about road rage and it's counterpoint, road courtesy. It seems to me they're about equally distributed, both being somewhat unusual which makes them good discussion fodder. As a bike commuter, and a "car-guy" in an earlier life, I offer the following observations on road rage: Many apparently hostile acts are in fact inadvertent; e.g., the driver didn't see you or doesn't realize how fast a bicycle can cover the distance to where they're planning to turn. Cut them some slack. Go with the flow (and help the flow). Be courteous. I wave a thanks to motorists who wait for me to pass, or to pass me, even though they have the right of way. Let's face it, we've all been annoyed, while driving a car, by another vehicle who is "impeding our progress." As Rodney said, "Can't we all just get along."

Upcoming, not-to-miss events in June include, of course, our own professional, racing for dollars, bike race in Onondaga Park on June 6 and the amateur races for seniors over in Camillus on June 19-20. Also, two sojourns deep into the heart of Madison County on Memorial Day weekend and the Skaneateles Lake Loop two weeks later. The month ends with a bevy of rides in Oswego County where all the roads are fair and the kids are.....No, nope, -that's another program. As Paul Revere said: "Ride On! Regardless!"

## **Dogs, Dogs, Dogs**

*William Lodico [wlodico@stny.lrun.com]*

*[This article originally appeared on the FLCC email list. Reprinted here with the author's permission. -Ed.]*

I have been reasonably successful in Chemung and Steuben Counties in pursuing actions under New York's dangerous dog act. You don't have to be a lawyer to win these cases. You will usually get a lot of help from the dog control officer, who often has a list of complaints as long as his arm about the same dog.

You will need some facts, which you will have to be sure enough about to swear to in affidavit form, and you will

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[rich@gtgtandems.com](mailto:rich@gtgtandems.com) Elmira, NY

also need to be willing to go to the justice or city court prepared to testify and to see to it that justice is done. The facts you will need: 1. A description of the dog, including color, size, and breed (as for breed, something like collie-type, or labrador-type, will do). 2. An address, preferably where the dog came from, but even without that, the dog control officer can usually locate the dog if he has the address where the attack occurred. 3. Time of day and date of the attack. 4. A description of the attack; for an attack to occur it is not necessary for there to be actual physical injury, as in Brandy's case, but only that the dog exhibits behavior and capability that creates a reasonable apprehension of physical injury. I have argued (successfully) that this includes not only injury by dog bite, but also injury by a loose dogs running out suddenly in front of or into a cyclist, causing a crash, or so frightening a cyclist that he veers into oncoming traffic or off the paved roadway. People will tell you that their dog is not a "dangerous dog" simply because it doesn't bite little kids, when in fact, under the law it's a dangerous dog because it threatens passing pedestrians and bicyclists.

I have put more than a dozen dogs in "jail" in Chemung and Steuben counties in the last two years, and the reduction in the dog hazard is really very noticeable.

The sheriff's department will give you the name and number of the dog control officer having jurisdiction where the dog attack occurs.

Most dog owners when confronted with the dangerous dog act become very apologetic and do a much better job of controlling their dogs, especially since once a dog is found to be a dangerous dog and is ordered confined, the dog control officer MUST destroy the dog if it gets loose. Sometimes it's only necessary for the dog control officer to have a chat with the owner. Once in a while you get a jerk who is anxious to protect Fido's right to terrorize anything in the universe, but it's rather satisfying to help the dog control officer and the judge set things straight. Once in a while, particularly if the dogs are tiny and charm the pants off the dog control officer, you won't get the support of the officer on a dangerous dog action, but you will still get a conviction for a leash law violation—and an apology from the owner with a promise not to let it happen again. A surprising number of times, though, you will find out that you're pursuing a dog with a biting history and are finally giving the dog control officer the ammo

he needs.

If anyone wants more info or help on this, including sample affidavits, let me know.

## Highlights of the May Board of Directors Meeting

Membership: We currently have 231 1999 members. This is quite a bit down from last year at this time. We'll send out reminders for people to renew.

Empire Senior Games: The Camillus police will help with traffic at the intersections. The 5k and 10k time trials will be on Saturday, at 9AM and 11Am respectively. The road race will be at 9AM on Sunday.

We now have cross-fertilized newsletter advertisements with the Ski Hawks, thanks to Bob Swizdor.

We've had a couple of (very apologetic) ride leaders miss their rides. Next year we'll send out a list of rides to the leaders.

Project Prism is looking for donations of bicycles. This is a program that works with youth that are involved with the criminal justice system. There's a poster up in Bicycle Alley with details.

We discussed the starting location for the Cannestota ride - in McDonalds parking lot. To keep the good faith of McDonalds, we'll urge everyone to stop in for a milkshake afterwards.

Ed Keplinger has made up extra copies of his OCC poster for people who are interested.

The Rescue Mission, in conjunction with Open Roads, will host a road race/tour in Syracuse in mid-September.

The next BOD meeting will be held on Monday, June 7 at 7 PM.

Respectfully submitted, Deb Virgo

## Race Results

### Check Your Legs Road Race

Cat 5: 1 Rob Coapman 2 John Saint 3 Greg Low; Women: 3 Christy Saint

### GVCC Spring Road Race

Women 3 Christy Saint; Cat 4/5: 8 Greg Low 9 John Saint 12 Chuck Dominick 19 Rob Coapman Also rode Bill Stiteler, Ted Diamond, Sepp Herbert, Andrew Diekema, Doug Taylor

### Jiminy Peak Road Race

Masters 55+: 4 Chuck Dominick; Masters 45+: Pack Eddie Luban

## Upcoming Events

### Items in italics are not confirmed.

The next BOD meeting is Monday, June 7 at 7:00pm at Bob Spear's house. Any member wishing to attend is invited. Call Bob at 474-3801 for more information.

### May

27-31 Memorial Day Dash to Montreal. Charles River Wheelmen tour. (617) 734-0720  
chansen@jhancock.com

28 River Road Price 607-753-8892

29 Six Lakes Sojourn. Palmer 655-2450

30 Ridges of Madison County I. Luban 449-1722 Plus, optional flat ride for novices, families. Same 495-2911

### June

2@6 Lazy Eight

Mar 20-35 sH 472-6468

4@10 Jim's Choice: Figure Eight without the skates

Mar 34 H 607-753-8892

5@9 Southwick's Beach-Henderson Harbor Tour.

Pul 30-80 gR 446-2380

5 NYS TT Championships

Virgil, NY 607-277-4963

6 Tour de Cure '99

Verona Beach State Park 315-438-8687

www.diabetes.org.

6@8 Pomco Syracuse Criterium

Onondaga Park, Roberts & Crossett St 469-0484

9@6 Caughdenoy-Mallory-Brewerton Loop.

Euc 20-35 F/R 463-8469

11@10 Jim's Choice: Oswego County

CenSq 42 R 607-753-8892

12@9 The Push to Pompey

SyrE 20-35 sH 422-6918

12-13 The Rideau Cycle Tours

Ottawa to Kingston. 448-0268.

13 ESG Central Qualifiers and Whitney Point RR.

13@9 Skinny Atlas Loops.

Skan 40-65 sH 487-7373. Includes NOVICE ride 451-0685.

16@6 Plainville-Jack's Reef Ride

B'ville.B 25-40 gR 474-3801

18@10 Jim's Choice: Borodino

Skan 31 H 607-753-8892

18-20 Empire State Senior Games

Workers needed to help OCC run the cycling events. Offer your services. 474-3801

18-21 Springs, Spokes, & Saddles

Saratoga Springs, New York, 202-822-1333

bikeleague@bikeleague.org

19 Hans Huddle RR.

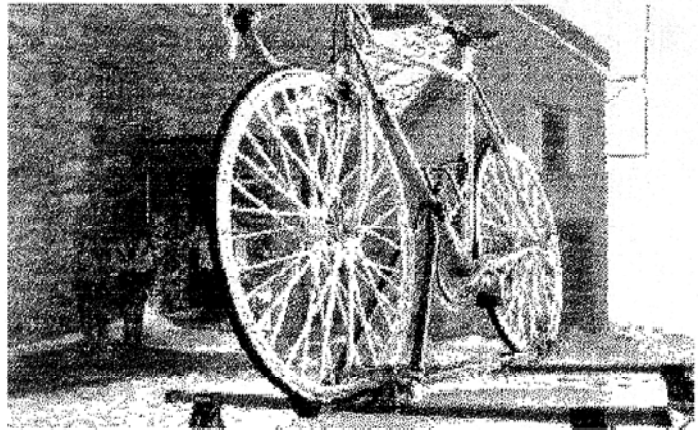
Geneseo, NY

19-20@12 Volunteer at the Empire State Senior Games and ride after

TBA 30-70 R-H 474-3801 NOVICE Ride

23@6 Silk Road Ride.

### Snow and Bikes do go together...



## Meet the Ski Hawk Club

*Friday Happy Hours 6pm until ?*

*April 30<sup>th</sup> Craftman House Fayetteville*

*May 7<sup>th</sup> Empire Brewing Armory Square*

*or*

*May 20<sup>th</sup> Summer Shenanigans at Rosie O'Grady's*

*7- until ? Come meet the Ski Hawks and find out*

*about upcoming trips like the wine trip in May*

*Call Cindy Sowan for info. 457-0498 or*

*Bob Swizard 252-2127*

Phx.A 30-40 F/R 472-6468

25@10 Jim's Choice: Chittenango Falls

G.Lk 39 H 607-753-8892

25-27 ALA Wine Country Bike Tour

NY 716-442-4260

26@9 Four Brooks & a Hill.

CarBrk 10-28 sH 638-0354 Includes NOVICE ride 252-2127.

27 New Lisbon RR

607.263.5258

27@9 Tour of Oswego County.

CenSq.A 54-103 R-H 342-2359

30@6 Granby Grind.

BeLk 14-35 gR 451-1616

### July

3@8 Almost 4th of July Century

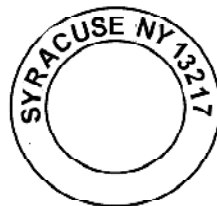
Chitt 62-101 F/R 445-2864

4@9 Rebel Range Ride

Par 20-40 R-H 298-5378. Includes NOVICE ride 474-3801.

- 
- 7@6 Pedal Palermo  
CenSq 25-40 gR 454-0852
- 9@10 Jim's Choice: Tug Hill  
Pul 30 H 607-753-8892
- 10@9 Pleasant Valley Leisure Lope  
Mar 9-22 F or SH 487-7373. Includes NOVICE ride 422-6918.
- 10 Fulton County Crit  
Gloversville 800.676.3858
- 11 Fulton County RR  
Johnstown 800.676.3858
- 11@9 Cross-County Challenge  
Caz 10-70 VH 437-9280
- 14@6 Lafayette-Apulia  
SyrE 29-41 sH 448-0268
- 16@10 Jim's Choice: Georgetown.  
Caz 33 H 607-753-8892
- 17@9 Fly-by-Night Cookie Company Call  
BeLk 30-50 gR 422-6918
- 17-23 Lighthouse Tour  
Nova Scotia 207-743-9018 [www.megalink.net/~moosa](http://www.megalink.net/~moosa)
- 18@9 The Skyline Drive.  
Cana 40-68 gR or sH 449-1722
- 21@6 Oracle at Delphi I  
Man 14-33 F or R-H 682-7202
- 21-25 Empire State Games
- 23@10 Jim's Choice: Coldbrook  
Preb 37 H 607-753-8892
- 24@10 OCC Picnics at Highland Forest  
High 10-40 gR 446-0876. Road and off -road rides for novices,racers, families and Geezers but mostly for the picnicking! Bring your specialty to share.  
Also, an optional ride for novices, families.
- 25@9 Tour de petite France  
Brew 30-100 F/R 474-3801
- 25-31 Moosa Tour  
ME 207-743-9018, [www.megalink.net/~moosa](http://www.megalink.net/~moosa)
- 28@6 Tuscarora Lake Loop  
Caz 20-33 gR 655-5892
- 30@10 Jim's Choice: Cheese Factory  
G.Lk 33 H 607-753-8892
- 31@9 Chittenango Creek Ride  
Fay 12-35 F/R 445-1221. Includes NOVICE ride 478-7750.
- August**
- 1@9 Railroad Ride.  
Preb 45-90 sH 607-753-8892
- 4@6 Van Buren Medley  
VanBur 20-35 R-H 454-0852
- 6@10 Jim's Choice: Lakes  
Mar 30 H 607-753-8892
- 7@9 Westward, ho!  
#6981 Kingdom Rd 10-50 gR 689-3502. From Memphis says the 'bent guy and as a double bonus, an invitation to swim and "barbecue".
- 8@9 The B & B Double Metric. Tour of the Salmon River Watershed.  
Par 30-125 R-H 474-3801
- 11@6 Skaneateles Supper (nee' B'fast) Ride  
OLP 20-35 gR 451-1616
- 13@10 John's Choice: North by northwest  
Phx 33 gR 699-8892
- 14@9 of Silk and Swamps  
Phx 15-40 F/R 699-4916. Includes a NOVICE ride 446-2380
- 15@9 Camden-Boonville  
Camden 40-72 R-H 298-5378
- 16-22 OCC Adirondack Attack  
607-753-8892. The traditional vacation ride returns to the Adirondacks this year.
- 18@6 Jordan Jaunt  
Cam 9-39 F/R 451-1616
- 21@9 Limeledge-Otisco Loop  
CarBrk 20-33 sH 252-2127
- 22@9 Ridges of Madison County, Vol. 3  
Chitt 37-68 sH 449-1722
- 25@6 Little Canada Cruise  
Brew 20-35 gR 298-5378
- 26@10 Jim's Choice: Nottingham  
SyrE 38 H 607-753-8892
- 28@9 Otisco Valley View  
Mar 19-50 R-H 476-4637. Includes NOVICE ride 487-2703.
- 29@9 On the Trail of the Loomis Gang  
Morris 40-69 R-H 495-2911
- September**
- 1@5:30 5 Bays, the other Way  
Cic 20-35 F or sH 458-4593
- 2@10 Jim's Choice: Sixty River  
OLP 40 R 607-753-8892
- 4@9 The Triple Threat Throwdown Part I  
Fay 32-64 gR 437-9280
- 5@9 The Triple Threat Throwdown Part II  
Fay 30-62 sH 437-9280
- 6@9 The Triple Threat Throwdown Part III  
Fay 33-65 F 437-9280
- 8@5:30 Sit-down @ Sam's  
Brew 20-35 gR 454-0852
- 9@10 Jim's Choice: Grist Mill  
Par 35 R 607-753-8892
- 11@10 Oneida Lake Excursion  
Cic 12-65 F 458-4593. Includes NOVICE ride 445-2864.
- 12@8 The Dick Richards Memorial Century  
CarBrk 62-101 R-H 446-2380. Profits go to the American Red Cross.
- 15@5:30 Hiatus after Hinmansville  
OLP 17-32 F/R 451-1616
- 16@10 Jim's Choice: Skaneateles Lake  
Skan 40 H 607-753-8892
- 18@10 Oracle at Delphi II  
Man 14-33 F or R-H 449-1722
- 19@10 CrOs-we-go  
Brew 30-65 F/R 298-5378
- 23@10 Jim's Choice: The Phoenix  
Phx 30 R 607-753-8892
-

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### Classified Ads

**For Sale:** Dean Titanium road bike with Kestrel carbon fiber fork. 51cm frame w/Ultegra STI 600 components and Mavic reflex rims. Excellent Cond. Retail value \$2900 asking \$1500. Possibility of selling frame only if interested. Call Gaetane at 475-3133 day or 638-2809 night.

**For Sale:** Rear mount 2 bike carrier: Good condition. \$20 Call Phyllis @ 673-1891

**For sale:** 1998 K2/Proflex, dual suspension with smart shock, full XT group, size small (~15-16"), great condition; asking \$1400 or best offer. Call Pam at 437-2246.

**For Sale:** Cannondale Tandem 21 x 19 frame, 700 c wheels, Sun Tour components, rear drum brake, showroom condition, best offer, Call Rick @ 446-5729.

**For Sale:** 98 Trek 2300 Carbon Racer, 58cm frame, Ultegra components, ridden 1000 miles, excellent condition, was asking \$1000 but first \$800 gets it. Please email to dwn2erth@borg.com or call Doug Kibby at 315-497-3040.

**For Sale:** Barely used (only 40 miles) women's size 8 Performance Kwake cycling shoes. Use with SPD-style pedals. \$15. Sandy Palmer: 655-7146 (work) or 655-2450 (home).

**For Sale:** 11 tooth Shimano cog 9spd brand new, never used \$10; Med Giro Incline MTB helmet, excellent cond \$10; 1999 set of Shimano 105 hubs 32 hole ~700 miles, excellent cond \$40. Call 255-9113.

**For Sale:** Great Bike for a Small Women -T500 Cannondale - 48cm - Shimano rsx series components, triple, faded blue and purple, 3 years old, maintained well by Mark at the Bikery. Call M.E. Doody at 607-749-2809 or email at MEDoody@juno.com

### Advertisement Rates

**Classified Ads:** OCC Members can submit classified ads free of charge. Non-members can submit classified ads for \$5 for the first 30 words and \$5 for each additional 10 words. These fees can be applied towards the cost of full OCC membership in the same year.

**Commercial Ads:** Rates for one-issue camera-ready ads follow:

Full Page.....	\$68
Half Page.....	\$36
Quarter Page.....	\$19
Business Card.....	\$10
Calendar Entry (25 words).....	\$2

Discounts are available for larger ads and multiple issue ads. Please contact the editor for more information.