



★ WEDNESDAY NIGHT WORLDS ★

Join us for the Wednesday Night Worlds Training Series

Brought to you by the Max Power and Team Empire-Syracuse Bicycle cycling teams

Every Wednesday Night from 5/28-8/20

Rides start promptly at 6:00. Sign in at 5:45.

A Group – Cat 1/2/3/4 (Avg 21-24mph)
B Group – Cat 4/5/Beginner (Avg 19-21mph)

You will need to hold a USA Cycling License or purchase a one day license for \$10.

Each rider will need to pay \$1 per ride to cover the USA Cycling Insurance surcharge. **THIS FEE WILL BE WAIVED FOR JUNIORS.**

Those interested in purchasing a USA Cycling license on-line may go to www.usacycling.org

Rides will start from Ray Middle School in Baldwinsville:
7650 Van Buren Rd, Baldwinsville, NY 13027

