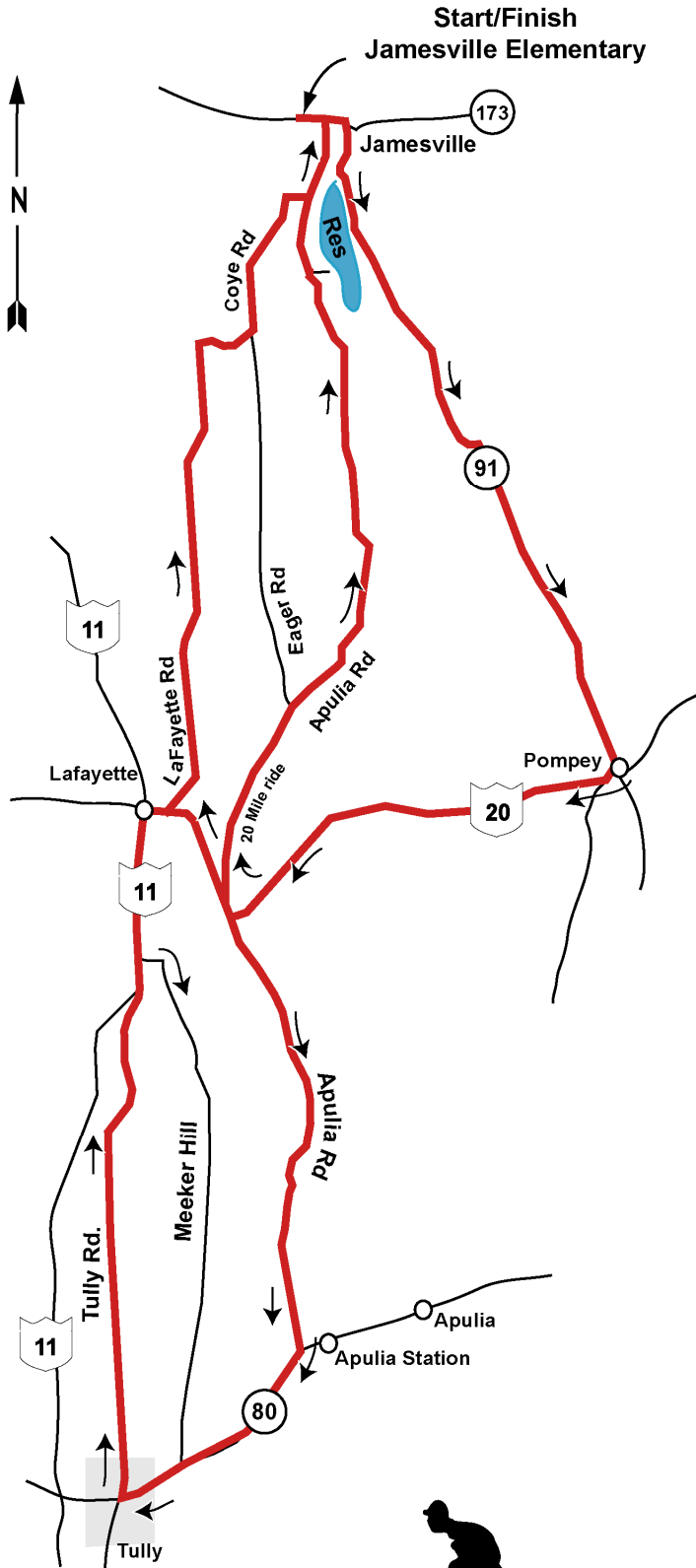


Pompey-LaFayette Rides

21 or 34 Miles



21 Mile Ride

SEG	DIRECTIONS	TOT
0.0	L - onto NY 173 (Seneca Turnpike)	0.0
0.4	R - Route 91	0.4
7.1	R - Rte. 20	7.5
5.9	R - LaFayette Rd	13.4
4.6	R - Coye Rd	18.0
2.0	L - Apulia Rd	20.0
1.0	L - Rte 173	21.0
0.3	Finish	21.3

34 Mile Ride

SEG	DIRECTIONS	TOT
0.0	L - onto NY 173 (Seneca Turnpike)	0.0
0.4	R - Route 91	0.4
7.1	Pompey; R - Rt. 20	7.5
4.6	L - Apulia Rd	12.1
4.4	Apulia Station; R - Rt. 80	16.5
2.5	Tully; R - Warren St. (becomes Tully Rd then North St.)	19.0
5.0	S - onto Rt. 11	24.0
1.9	LaFayette; R - Rt. 20	25.9
0.2	L - Lafayette Rd	26.1
4.6	R - Coye Rd	30.7
2.0	L - Apulia Rd	32.7
1.0	L - Rte 173	33.7
0.3	Finish	34.0

