

THE SPOKE 'n WORD

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OCC: Onondaga Cycling Club is a Central New York State non-profit organization that facilitates the participation in the sport of bicycling. The club schedules and conducts bicycle rides, tours and sporting events from March through November. Meetings and social occasions are held throughout the year. Our Web-site is at: <http://www.onondagacyclingclub.org>. The OCC email discussion list (listerver) can be subscribed to from our Web site.

VOTE!



Once again, it's time to vote for your board of directors. To be a part of this process you'll find a description of the candidates and a ballot at the end of the newsletter. With the ballot are the directions. So please mark your choices and drop it in the mail. Thank-you!



Membership Renewal Information

This issue of the Spoke-n Word includes the annual Club Renewal Form for year 2012.

Check your mailing label. If you see 2011 to the right of your name, you need to renew membership for 2012.

You can renew On-line or via postal mail or foron-line renewal visit the following:

<https://www.bikereg.com/events/register.asp?EventID=12841>

For postal renewal, please follow the instructions below:

Fill out the Renewal Form and send it along with your payment. This is important for two reasons:

1. The waiver at the bottom of the form (and the MINOR RELEASE on the back, if applicable) needs to be signed and dated in order for us to provide insurance coverage for all our members. Anyone 18 or older must sign this waiver to renew membership. If you do not have under age children listed as family members, you can skip signing the minor release on the back.

2. The Treasurer collects mail from the Post Office box. He deposits the payments and sends the forms to me. If you just send a check, it may wind up as a donation since I may not get the necessary information to update your records and you are counting on someone to remember to tell me that a membership has been received. Then, I will send you a form to complete anyway because we need the waiver to be signed and dated.

Membership cards for renewals will be sent with the Ride Schedule mailing in March or early April. If you have any questions, e-mail Membership Chair Bob Ruth at ruthrob@msn.com or phone at (315) 451-0685.

The OCC Annual Banquet

By Nancy Lyon



Hello fellow OCC members. I am seeing a light at the end of the tunnel, which tells me that we're nearing the end of 2011. You know what that means, don't you? It's almost time for the Annual OCC Banquet. The Banquet is scheduled for Friday, January 27, 2012 at the **Doubletree Hotel off of Carrier Circle**. Social hour with a cash bar will be from 6:30-7:30 pm. Buffet dinner will follow which includes:

Mandarin Orange and Almond Romaine Salad
Marinated Mushroom Salad
Chicken Marsala
Sliced London Broil
Spinach and Cheese Raviolis with a red pepper coulis
Red Roasted Potatoes, Fresh Vegetables, warm dinner rolls & butter

An assortment of desserts will be available following dinner. Coffee (regular and decaf), tea and soda are also included.

The cost is \$25.00 per person.

To make your reservation(s), please contact Nancy Lyon at nance@twcny.rr.com. Please send your check (payable to OCC) to Nancy Lyon, c/o Onondaga Cycling Club, P. O. Box 6307, Syracuse, NY 13217.

RESERVATIONS MUST BE MADE NO LATER THAN MONDAY, JANUARY 23, 2012.

Looking forward to seeing you there. It is always a fun time. Volunteer Awards will also be presented and don't forget about the fabulous door prizes provided by our local bike shops!

Happy Holidays to All!!

Some Highlights of the Year

A Note from the President - T'is the Season

T'is the season: a time when we celebrate, reflect back on all that has happened, reach out to others, set new goals, and, importantly, give thanks. Indeed, it's a busy, but good time of the year.

T'is the season, and it was another good season for the club, also very busy in its own way. Membership rose to a level the club hasn't seen since 1996, ringing the bell at 542. Those members rode 109,600 miles on OCC rides, which is about, if not, the record (as we're waiting for additional rider info, which would push the mileage over the record). Also, like previous years we continued to put in place new events, services, and partnerships, among which include a bike fair, a pre-Gran Fondo, a new website, online membership renewal, the start of a new partnership with the Syracuse Track Club, and even a new club jersey as new additions to your club in 2011.

Equally important, the club's newer, as well as long-standing activities, continued to grow and attract riders of all interests and abilities. That spectrum was reflected from the Slow N' Easy rides to the fast and furious TNTS. Of course, there was everything in between that is found on Tuesdays, Wednesdays, Friday mornings, and Saturday and Sunday's, as well. In brief, there was something for everyone, and more.

Of course, some of these other activities and events included: the incomparable annual Vacation Ride; the ever popular time trials; Women on Wheels rides (a partnership with Syracuse Bicycle and the triathlon club); the annual charity ride (now called the Paul Swinburne Memorial Ride);

a growing partnership with the triathlon club; the social events; those ad hoc rides with friends both new and old; and, another successful and profitable year for both the cyclocross and Tour de Syracuse races. Naturally, I know I'll have forgotten something along the way, but all that's been mentioned paints a picture of the past season and what the club offered it's members.

T'is the season throughout the year when your club financially gives back to many non-profits in the local community. This year alone those donations totaled over \$9,000 and ... during the past 5 years the tally is nearly \$26,000. This engagement in the community is an element of the club that has existed for over 40 years and is a reflection of the character of its members, so thank-you.

T'is the season when we set new goals. Of course, fitness goals are generally a part of that process as we may have put on a few holiday pounds or even start to think about a new season of cycling, which really isn't all that far off.

However, the concept of what is the cycling season continues to evolve as more and more of us are pushing the weather envelope, riding when we can, commuting, and staying active in the "off season" by engaging in variety of fitness outlets.

This trend isn't surprising. Indeed, it's part of a megatrend that's seen nationally as society's interest in fitness and living a healthy lifestyle continues to grow. To that end your club has invested in the Winter Training Facility (WTF) enabling all members to participate in a number of fitness and cycling related activities so take advantage of the facility and its offerings. If you don't already know, the WTF is located in the Shopping Town Mall in Dewitt and more information and the schedule can be found on the OCC and CNY Triathlon websites.

Of course, there are numerous other fitness outlets: there is the downtown Y, which offers instructors and Computrainers to meet your cycling and fitness interests; a couple of your local bike

shops are offering class opportunities and trained instructors; there are all the local YMCA's, your favorite gym, skiing both downhill and cross country, skating and more. T'is the season and off-season that offer many opportunities to reach and maintain your fitness goals so be sure to take advantage of those opportunities.

Importantly, t'is the season to give thanks and to say thank-you. Of course, giving thanks takes many forms and frequently occurs in some very personal ways. Given the context of this "note" and the club I want to take this moment to say thank-you to all of the people that have made, and continue to make, all of the many activities of the club possible. Indeed, it's an amazing community of individuals all of whom give part of themselves to create something much larger that we all enjoy, that adds to the quality of life, adds value to the community and, well, is simply a whole lot of fun. Thank-you.

Yes t'is the season.

Wayne

2011 American Diabetes Association Tour de Cure

by Peggy Hotaling

A group of fourteen OCC members teamed up again on Sunday, June 5th, 2011 to ride in the annual American Diabetes Association Tour de Cure. This year marked the 20th anniversary for the Verona Beach Tour. We had another successful year raising \$7,716.04 for the ADA and coming in third place among other teams.

2011 Syracuse Grand Prix Cyclocross

by Sue Faso



Once again, the club hosted the fall cyclocross race at Longbranch Park in Liverpool. There were a total of 124 participants, separated into 9 categories. The course was jointly designed by David Faso, Ben Salibra, and Bryan Blake. Significant changes included moving the start/finish area to a new location, reversing the course direction (at least in parts), and changing the location of the run-up. Carried over from last year was the inclusion of a pit staffed by volunteers from Bike Loft East in Manlius. Greg Low volunteered his time as our USA Cycling official. In addition, I'd like to thank the many club members who helped throughout the day, ranging from early morning course set-up to end of day course tear-down (and a whole bunch of everything else in between). A big highlight this year was the return of participants from b.i.k.e. Syracuse for the kid's race. We had a total of eleven riders in the kid's



race (nine from b.i.k.e. Syracuse) which made for a very exciting and fun race! Thanks also go to our business sponsors; Bike Loft, Knead to Succeed massage therapy, and Chomper Body. In addition to their generous support with products and gift certificates, we also added a cash payout this year. Results can be found online at <http://www.crossresults.com/race/1932>. Planning for 2012 has already begun and the date has been set for October 21st. Come on out and join the fun, either as a racer, volunteer, or both!

The Winter Training Facility

Want to stay in shape during the winter months, have fun doing it with other cyclist, and do it without costing you a dime. Then join us at the new Winter Training Facility.

The facility is a benefit of your membership and a trail to see what interest it generates. The facility is a partnership with the CNY Triathlon club and part of the costs are being underwritten by the OCC.

We think the facility is an excellent opportunity to stay fit during the winter months, an opportunity to receive some training tips to improve your fitness level and cycling skills, and an opportunity to share good times with friends.

For a schedule and more information please visit the club website. Regardless, let us know your thoughts.

The 2012 Slate of Officers and Board Members

Each year the Board establishes a nominating committee tasked with the selection of a full slate of officers and Board members. As part of that process, the committee posts a request to the general membership seeking volunteers and those interested in filling the elected positions. This year, there were a large number of positions available. There were nine Board slots as well as two officers positions. The committee worked to find candidates that could help the club grow in the coming year as well as expand and diversify its member offerings. All those who stepped up were given the opportunity to run for election.

Having served three terms as president, Wayne Miner stepped down as required in the by-laws and will move to a Board position. Mike Lyon has agreed to fill the president's position on the slate. Jeremy Burton, current vice-president, withdrew from the Board and will be replaced by Bill Goffe. John Cico will fill the treasurer's position, which became available with Mike's move to the president's slot, while Tony Baleno will continue as club secretary.

The nine new Board members bring a broad cross section of cycling interests as well as diverse business, professional and personal interests. They also represent a wide range of ages and each is excited about the opportunity to serve the club and you its members.

We asked each of the candidates to provide a brief bio of themselves for the elections. The committee felt this would be helpful to the membership in the voting process and provide some

insight about the candidate. Here are our candidates' bios in their own words:

Officers:

President -- Mike Lyon - I have been a member of OCC since 1995 and have served on the Executive Board since 2006. For the majority of that time I have been treasurer but have also served as vice president. I have been employed by Upstate Medical for 34 years and regularly bike to work a couple of times a week. I enjoy working with wood.

Vice-President -- Bill Goffe – I have been a member of OCC since my move to Baldwinsville in 2000. Past positions include scheduler, Board member, treasurer, vice-president, and president. I enjoy centuries and touring and have toured in France, the United Kingdom, Denmark, New Zealand, Hawaii, Virginia, and the state of Washington

Treasurer --John Cico - Age 52, married with two children 23 and 22 years. My professional background is finance and accounting; Certified Public Accountant. My cycling has involved 4 1/2 years of road cycling experience with a primary focus in century rides, hill climb competition (2010 Northeast Hillclimb Championship Series Age Group winner, 50 and over) and road racing. I have also been involved in competitive distance running, track and road racing for nearly 40 years.

Secretary – Tony Baleno - I have been a member of the OCC for the past six years and secretary since 2008. I got interested in cycling in 2002 after retiring from Niagara Mohawk and joined the club to participate in the group rides. I enjoy working on club events and have shared ride leader responsibilities on the *Slow 'n Easy Rides* since they began. I enjoy helping new riders enjoy the sport, being involved in several annual charity rides and woodworking.

Board Members: (listed in alphabetical order)

Don Butler - I began cycling 4 years ago, buying a hybrid on a whim. I quickly found that I thoroughly enjoyed riding. I'm a fair weather commuter, 6 miles each way, riding most days March through October. I joined the club two seasons ago after riding as a guest and found that I really enjoyed the group atmosphere in the club. I ride for my own personal enjoyment, but I found both my pace and distance increase pretty solidly this past season, including completion of my first century.

Brenda Engbretson –A proud Canadian by birth who came to Syracuse in 1977 to pursue a PhD in exercise physiology and never left. After I retired from the faculty of Upstate Medical University in 2007 I started to cycle more seriously and have appreciated the opportunities for friendship and exercise that the OCC has offered me. I would like to give back to the organization by joining the Board of Directors.

Gus Engbretson – Born in Fargo, ND – 1943. I retired from Syracuse University Faculty, Department of Biomedical and Chemical Engineering, January 2009. Then I bought a bike, started riding and joined OCC. I've enjoyed the people in the club and activities we participated in ever since. Hopefully, membership on the BOD will let me contribute to others' enjoyment of this great organization.

Tom Fucillo - I am a partner at Menter, Rudin & Trivelpiece, P.C., Syracuse, New York, where I am responsible for the environmental law practice group. I began my legal career as a trial attorney in the United States Navy JAG Corps. I have been a member of the Onondaga Cycling Club for three years, and have become an avid (my wife would say compulsive) recreational cyclist. I am interested in becoming more involved in the administration of the club. I spent nine years on the Board of Directors of the

Camillus Youth Hockey Association, and coached youth hockey for 16 years. My wife Nancy and I reside in Camillus and have four children, two at Lemoyne and two in high school at West Genesee.

Wayne Miner – Former “Presidente for For Life”.... hum. On a little more serious note, soon to be former president, former vice president, club member since 2007, current Tour de Syracuse director, occasional bike racer, initiator of several new club programs and partnerships all of which would not have been possible without the efforts of many, many good people. In short, I’m an avid cyclist advocating the sport of cycling in all its forms for health, fun, friendship, and for life.

Steve Ransford - I joined the OCC in the late 70’s, and am now a “geezer”. I love to ride my Waterford bike, and have been on the OCC Board, and on many other boards over the years. I’m a lawyer and represented the club in the long ago trust fund litigation. I look forward to serving once again.

Todd Relyea - I'm been a club member since 2006, and usually get in around 3,000 miles a year. I also race cat 4/5. Otherwise I'm an electrical engineer and have lived in CNY on and off for about 35 years. I've been the webmaster for the Salt City Brew Club for the last 7+ years, a certified beer judge, active home brewer and I used to be a professional brewer.

Zeke Ronnow – I've been in the club since 1981. Served on the BOD for 10 years in the mid 80s to the mid 90s, two years of which were served as president. I enjoy all aspects of cycling which include: touring, mountain biking, commuting, long distance cycling and in the past, racing. For the past seven years I've served in a leadership capacity in a kids mountain bike club called CNY Sprockids. I really like bringing the joys of cycling to kids and in the past tried to bring the joys of road riding specifically to kids. I would

like to help the club introduce more kids and young adults to the sport of cycling. One of the joys of being a club member is all of the friendships I’ve cultivated. It's a very diverse group with diverse interests. The club is a great asset to the CNY community.

Helene Roth Schmid - I was a competitive age-group triathlete for approximately 9 years, racing sprint, Olympic and half-ironman distances, along with duathlons. During that time I was sponsored by a local triathlon store, SBR, for 2 years. I am now trying my legs at bike racing, definitely harder for me than triathlon!!! I am currently a triathlon coach for Fleet Feet Sports in Syracuse. I am CPR Pro, AED, and First Aid certified through the American Red Cross, and a USAC Certified Level 3 Cycling Coach. I am a Physical Education Instructor at Syracuse University, and although my husband won't let me during the winter months, I commute on bike to work everyday when the weather permits.

Bob Spear –Often answering to 'bS,' 'Senior,' and 'Can I buy you a Beer,' joined OCC in 1990 when I resumed pedaling my wheel after forty years. This Syracuse resident commutes year around and is currently in the throes of trying to cycle a 'metric' in every state. I never saw a 'new' ride that I didn't like. I have developed the schedule of rides for the last couple of years as well as tracking miles ridden and volunteer points for the club’s members.

Dave VanWie – I have been riding with the OCC since 2002. As a club member I routinely help out in the Tour de Syracuse, ride in the Tour de Cure for Diabetes, and in 2010 I first assisted at the OCC cyclocross race. My wife LouAnn and I both enjoy many outdoor activities such as hiking and cross-country skiing. I hold a BA in Graphic Design and have more than 20 years experience in the industry.

Dan Wnorowski – I am an orthopedic surgeon and an avid cyclist. I enjoy bike racing, triathlons, bike hill climbing and bike commuting and have served on the OCC board for the first time during 2011. I have been an OCC member for many years. I enjoy being a board member and would like to continue in that capacity.

ONONDAGA CYCLING CLUB, INC. 2012 MEMBERSHIP RENEWAL FORM

Check only ONE Membership Category below.

Make checks payable to: Onondaga Cycling Club, Inc.

Single \$20.00* Family \$30.00** Individual Youth \$5.00 Contributing*** \$10.00
 * includes \$1.48 NYS Sales Tax ** includes \$2.22 NYS Sales Tax *** non-rider

NAME: Mr. Ms. _____ NICKNAME: _____ BIRTHDAY: __/__/____

ADDRESS: _____ APT _____ HOME PHONE: (____) _____

CITY: _____ STATE: _____ ZIP CODE: _____ - _____

OCCUPATION: _____ BUS PHONE (OPT): (____) _____ X _____

e-mail Address (optional) _____

I WANT A PAPER COPY OF THE SPOKE-N WORD. I DON'T WANT TO READ VIA THE OCC WEB SITE.

DO NOT SEND ME A RIDE SCHEDULE BOOKLET. I WANT TO ACCESS IT VIA THE OCC WEB SITE.

AFFILIATED MEMBERSHIP: LAB AYH USA Cycling - License No. _____

IMBA Other(s) _____

OTHER FAMILY MEMBERS

AND THEIR AFFILIATIONS: LAB AYH USAC/License No.

NAME: Mr. Ms. _____ Nickname: _____ BDAY: __/__/____

NAME: Mr. Ms. _____ Nickname: _____ BDAY: __/__/____

NAME: Mr. Ms. _____ Nickname: _____ BDAY: __/__/____

NAME: Mr. Ms. _____ Nickname: _____ BDAY: __/__/____

Release and Waiver of Liability, Assumption of Risk, and Indemnity Agreement ("Agreement"):

In consideration for being permitted to be a member of Onondaga Cycling Club, Inc. ("Club") and to participate in any way in any Onondaga Cycling Club, Inc. sponsored Activities ("Activity"), I, for myself, my personal representatives, assigns, heirs, and next of kin:

1. ACKNOWLEDGE, agree and represent that I understand the nature of Bicycling Activities and that I am qualified to participate in such Activity. I further acknowledge that the Activity will be conducted over public roads and facilities open to the public during the Activity and upon which the hazards of traveling are to be expected. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in the Activity.

2. FULLY UNDERSTAND that: (a) BICYCLING ACTIVITIES INVOLVE RISKS AND DANGERS OF SERIOUS BODILY INJURY, INCLUDING PERMANENT DISABILITY, PARALYSIS AND DEATH ("RISKS"); (b) these Risks and dangers may be caused by my own actions, or inactions, the actions or inactions of others participating in the Activity, the condition in which the Activity takes place, or THE NEGLIGENCE OF THE "RELEASEES" NAMED BELOW; (c) there may be OTHER RISKS AND SOCIAL AND ECONOMIC LOSSES either not known to me or not readily foreseeable at this time; and I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS, AND DAMAGES I incur as a result of my participation in the Activity.

3. HEREBY RELEASE, DISCHARGE, COVENANT NOT TO SUE, AND AGREE TO INDEMNIFY AND SAVE AND HOLD HARMLESS the Club, its administrators, directors, ride leaders, volunteers, agents, and employees, other participants, any sponsors, advertisers, and if applicable, owners and lessors of premises on which the Activity take place (each considered one of the "RELEASEES" herein) FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES, OR DAMAGES ON MY ACCOUNT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE "RELEASEES" OR OTHERWISE, INCLUDING NEGLIGENT RESCUE OPERATIONS.

I HAVE READ THIS AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT AND HAVE SIGNED IT FREELY AND WITHOUT ANY INDUCEMENT OR ASSURANCE OF ANY NATURE AND INTEND IT TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW AND AGREE THAT IF ANY PORTION OF THIS AGREEMENT IS HELD TO BE INVALID THE BALANCE, NOTWITHSTANDING, SHALL CONTINUE IN FULL FORCE AND EFFECT.

Participant #1 Signature: _____ Printed Name: _____ DATE: _____

Participant #2 Signature: _____ Printed Name: _____ DATE: _____

Participant #3 Signature: _____ Printed Name: _____ DATE: _____

Participant #4 Signature: _____ Printed Name: _____ DATE: _____

D	C	S

MINOR RELEASE (complete for Participants Under the Age of 18)

AND I, THE MINOR'S PARENT AND/OR LEGAL GUARDIAN, UNDERSTAND THE NATURE OF BICYCLING ACTIVITIES AND THE MINOR'S EXPERIENCE AND CAPABILITIES AND BELIEVE THE MINOR TO BE QUALIFIED, IN GOOD HEALTH, AND IN PROPER PHYSICAL CONDITION TO PARTICIPATE IN SUCH ACTIVITY. I HEREBY RELEASE, DISCHARGE, COVENANT NOT TO SUE, AND AGREE TO INDEMNIFY AND SAVE AND HOLD HARMLESS EACH OF THE RELEASEES FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES, OR DAMAGES ON THE MINOR'S ACCOUNT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE "RELEASEES" OR OTHERWISE, INCLUDING NEGLIGENT RESCUE OPERATIONS AND FURTHER AGREE THAT IF, DESPITE THIS RELEASE, I, THE MINOR, OR ANYONE ON THE MINOR'S BEHALF MAKES A CLAIM AGAINST ANY OF THE RELEASEES NAMED ABOVE, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS EACH OF THE RELEASEES FROM ANY LITIGATION EXPENSES, ATTORNEY FEES, LOSS LIABILITY, DAMAGE, OR COST ANY MAY INCUR AS THE RESULT OF ANY SUCH CLAIM.

Parent/Guardian Printed Name: _____

Parent/Guardian Signature: _____

Date: _____

Can you help in any of the following ways?

- | | | | | |
|-----------------|--|---|--|--|
| Administration: | <input type="checkbox"/> Publicity | <input type="checkbox"/> Newsletter | <input type="checkbox"/> Mailings | <input type="checkbox"/> Membership |
| | <input type="checkbox"/> Advocacy | <input type="checkbox"/> Ride Schedule | <input type="checkbox"/> Youth rides | <input type="checkbox"/> Club Meetings |
| Touring: | <input type="checkbox"/> Ride leader | <input type="checkbox"/> Sag Wagon | <input type="checkbox"/> Bar-B-Que | <input type="checkbox"/> Organize tour |
| Racing: | <input type="checkbox"/> Time trials | <input type="checkbox"/> Weekend Races | <input type="checkbox"/> Youth transportation | <input type="checkbox"/> Coaching |
| Off Road: | <input type="checkbox"/> Ride Leader | <input type="checkbox"/> Recreational Tours | <input type="checkbox"/> Competitive / Race Team | |
| | <input type="checkbox"/> New Event(s) - Please describe. | | | |

ADDITIONAL COMMENTS OR SUGGESTIONS:

Send COMPLETED Renewal Form with payment to:

ONONDAGA CYCLING CLUB, INC.
P O BOX 6307 - TEALL STATION
SYRACUSE NY 13217-6307

Onondaga Cycling Club Inc. Annual Election Voting Instructions

The election of Officers and members of the Board of Directors for the Onondaga Cycling Club, Inc. will be held via mailed ballots this year. Results will be announced during the Annual Membership Meeting to be held January 27, 2012 at the DoubleTree Inn, 6302 Carrier Parkway, East Syracuse, NY along with the annual Awards Banquet. This page of the newsletter is to be used as the official ballot. It will be counted toward the election only if it is received at the post office box before the membership meeting. Do **not** bring this ballot to the meeting. In order for the vote(s) to be counted, the mailing label on the reverse side **must remain attached**.

INSTRUCTIONS:

Single (S) and youth (Y) memberships are allocated one vote and member should mark his/her selections using the boxes in the **S** column. Family (F) memberships are allocated two votes. One member should mark his/her selections using the boxes in the **S** column and the other member should mark his/her selections using the **F** column.

The write-in area can be used to vote for persons whose names do not appear on the ballot. A plurality of votes is sufficient for election. If a write-in candidate receives enough votes for election, his/her seat on the board will be contingent on the person's willingness to serve.

When you have completed the ballot, return the entire page in an envelope addressed to:

Onondaga Cycling Club, Inc.
P O Box 6307 Teall Station
Syracuse, NY 13217-6307

Ballot must be received by Friday January 27, 2012

Including write-in candidates, vote for no more than 4 officers and 12 directors.

Onondaga Cycling Club, Inc.

Election Ballot for 2012

<u>OFFICERS:</u>	<u>Nominated by current BOD</u>		<u>*Incumbent</u>		<u>OFFICERS WRITE-IN</u>	
	S	F	S	F		
President:	<input type="checkbox"/>	<input type="checkbox"/>	Mike Lyon	<input type="checkbox"/>	<input type="checkbox"/>	_____
Vice President:	<input type="checkbox"/>	<input type="checkbox"/>	Bill Goffe	<input type="checkbox"/>	<input type="checkbox"/>	_____
Secretary:	<input type="checkbox"/>	<input type="checkbox"/>	Tony Baleno *	<input type="checkbox"/>	<input type="checkbox"/>	_____
Treasurer:	<input type="checkbox"/>	<input type="checkbox"/>	John Cico	<input type="checkbox"/>	<input type="checkbox"/>	_____

<u>BOARD OF DIRECTORS:</u>	<u>Nominated by current BOD</u>				<u>* Incumbent</u>			
	S	F	S	F	S	F		
<input type="checkbox"/>	<input type="checkbox"/>	Don Butler	<input type="checkbox"/>	<input type="checkbox"/>	Wayne Miner	<input type="checkbox"/>	<input type="checkbox"/>	Helene Roth Schmid
<input type="checkbox"/>	<input type="checkbox"/>	Brenda Engbretson	<input type="checkbox"/>	<input type="checkbox"/>	Steve Ransford	<input type="checkbox"/>	<input type="checkbox"/>	Robert Spear*
<input type="checkbox"/>	<input type="checkbox"/>	Gus Engbretson	<input type="checkbox"/>	<input type="checkbox"/>	Todd Relyea	<input type="checkbox"/>	<input type="checkbox"/>	Dave VanWie
<input type="checkbox"/>	<input type="checkbox"/>	Tom Fucillo	<input type="checkbox"/>	<input type="checkbox"/>	Zeke Ronnow	<input type="checkbox"/>	<input type="checkbox"/>	Dan Wnorowski*

<u>BOARD OF DIRECTORS WRITE-IN</u>								
S	F		S	F		S	F	
<input type="checkbox"/>	<input type="checkbox"/>	_____	<input type="checkbox"/>	<input type="checkbox"/>	_____	<input type="checkbox"/>	<input type="checkbox"/>	_____
<input type="checkbox"/>	<input type="checkbox"/>	_____	<input type="checkbox"/>	<input type="checkbox"/>	_____	<input type="checkbox"/>	<input type="checkbox"/>	_____
<input type="checkbox"/>	<input type="checkbox"/>	_____	<input type="checkbox"/>	<input type="checkbox"/>	_____	<input type="checkbox"/>	<input type="checkbox"/>	_____
<input type="checkbox"/>	<input type="checkbox"/>	_____	<input type="checkbox"/>	<input type="checkbox"/>	_____	<input type="checkbox"/>	<input type="checkbox"/>	_____

ONONDAGA CYCLING CLUB, INC.
P. O. BOX 6307 TEALL STATION
SYRACUSE, NY 13217-6307

ADDRESS SERVICE REQUESTED

**Membership
Renewal and
BALLOT
ENCLOSED**

<p>PRSR STD U. S. Postage PAID Permit No. 1947 Syracuse, NY</p>
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